FITNESS CLASS

TAKE YOUR BODY ON AN ADVENTURE RIGHT IN THE COMFORTS OF YOUR PRIVATE VILLA

“You can work out anywhere. Your body is the only gym you need.”

– Anonymous

FITNESS CLASSES

Dynamic fitness classes designed for all levels, combining strength, cardio, and flexibility to help you achieve your health goals. Whether you’re looking to tone, build endurance, or simply stay active, our expert trainers will guide you through fun and effective workouts tailored to your needs.

SERVICE RATES

Yoga

Individual **3,750 THB**

Group (up to 8 pax) **4,300 THB**

Boxing

Individual **3,300 THB**

+900 THB per additional student

Training Session

Individual Fitness/Cardio **5,150 THB**

Group (up to 8 pax) **5,300 THB**

> • *All services require booking 24 hours in advance and are subject to availability.*
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> • *Full payment is required upon confirmation of your order.*
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> • *Cancellations made more than 48 hours in advance are eligible for a 70% refund. Cancellations inside of 48 hours will be charged in full.*
>
> • *Rates and terms are subject to change without prior notice depending on participant count, skill levels, or session types.*

THE LUXURY
SIGNATURE